

# Your health record and sharing of information

Your health record includes your medical history, details about your medication and any allergies you may have. You can now choose whether to share these full medical details.

We use a secure electronic health records system called SystmOne. With your permission, this system can allow clinicians to share your full record held here with other healthcare services who are providing care for you. These other services will ask your permission to view your record.

Many organisations may use SystmOne including some GP practices, out of hours services, children's services, community services and some hospitals. Sharing your health record will help us deliver the best level of care for you.

You have two choices which allow you to control how your record is shared. You can change these choices at any time by letting the relevant practice or service know.

**Please note:** if you have previously opted out of sharing your information via the Summary Care Record, you will still need to inform your practice or service about sharing your health record within SystmOne.

For further details ask at reception or visit [www.cambridgeshireandpeterboroughccg.nhs.uk](http://www.cambridgeshireandpeterboroughccg.nhs.uk)

## Your choices at each practice or service

**Sharing OUT** - This controls whether your information recorded at this practice or service can be shared with other healthcare services.

**Sharing IN** - This determines whether or not this practice or service can view information in your record that has been entered by other services who are providing care for you, or who may provide care for you in the future.

Imagine you're receiving care from three services: your GP, a district nurse and a smoking clinic. You want your GP and District Nurse to share information with each other and you want both of them to know your progress at the smoking clinic. However, you don't want the smoking clinic to see any of your other medical information.

Your sharing choices at each practice or service would be:

- The GP can share information **IN** and **OUT**.
- The district nurse can share **IN** and **OUT**.
- The smoking clinic can only share information **OUT** but not **IN**.

You can change your choices at any time. Let each practice or service know.

**Note:** You can request individual entries in your record to be marked as 'Private'. These are not shared with the rest of your record even if you choose to share out.

