



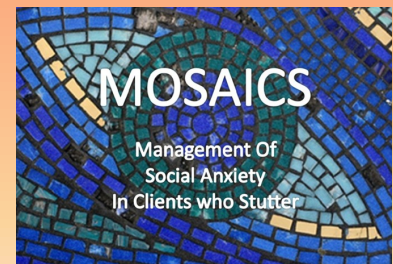
## **Stuttering/Stammering and Social Anxiety Participants wanted for Research study (MOSAICS trial)**

NHS SNCCG and the University of East Anglia are trying to develop a new treatment for social anxiety in people who stutter/stammer. Socially anxious people become very worried about having to interact with other people and may avoid occasions where they have to do so.

If you think you might be interested in taking part, please visit the study web page on the university of East Anglia website at <http://www.uea.ac.uk/allied-health-professions/participation-team/communications-research-group>, or contact the study's chief investigator who will send you further details.

**Dr Jan McAllister**  
Chief Investigator  
The Queen's Building  
University of East Anglia  
Norwich NR4 7TJ

E-mail: [j.mcallister@uea.ac.uk](mailto:j.mcallister@uea.ac.uk)  
Phone: 01603593361  
Twitter: @MOSAICS\_UEA  
Recruiting until Dec 2013





University of East Anglia



South Norfolk Clinical Commissioning Group

## Stuttering/Stammering and Social Anxiety

### Participants wanted for Research study (MOSAICS trial)

NHS South Norfolk Clinical Commissioning Group and the University of East Anglia are trying to develop a new treatment for social anxiety in people who stutter/stammer. If a person experiences social anxiety they become worried about situations where they need to speak to other people. This can lead to them missing out on many aspects of life. People who stutter/stammer are more likely than people who do not stutter/stammer to experience social anxiety.

The treatment involves a simple 5-10 minute computer task that is carried out twice a week for four weeks. People can carry out the task from home over the internet, or come in to the University of East Anglia and carry out the task there. Usually participants would also need to come to the University of East Anglia once before doing the computer sessions and twice afterwards to be interviewed by a clinically-trained researcher and to provide short recordings of their speech, although if this is difficult it may be possible to meet our researcher elsewhere, e.g. the participant's home. They would also be asked to complete some questionnaires. Reasonable travel expenses would be provided. They would be asked to spend a total of 10 hours taking part in the study over a 5-month period (between the first and last interview with the clinically-trained researcher). They will receive a £20 gift voucher to thank them for taking part.

Participants must stutter/stammer and be 18 or older. If you think you might be interested in taking part, you can find more information about the study on the website of the University of East Anglia (<http://www.uea.ac.uk/allied-health-professions/participation-team/communications-research-group>), or by contacting the Chief Investigator.

**Dr Jan McAllister**  
Chief Investigator  
The Queen's Building  
University of East Anglia

E-mail: [j.mcallister@uea.ac.uk](mailto:j.mcallister@uea.ac.uk)  
Phone: 01603593361  
Twitter: @MOSAICS\_UEA  
Recruiting until Dec 2013

Thank you for taking the time to read this.

